INFORMATION REFERENCE

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| **Full name of the discipline** | Psychology |
| **Type of discipline** | selective |
| **Semester** | 3 |
| **Number of ECTS credits** | 4 |
| **Level of higher education** | first (bachelor's degree) |
| **Educational programme** | Business, Trade and Exchange Activities |
| **Language of instruction, teaching** | Ukrainian |
| **ESI/faculty** | Faculty for Foreign Students |
| **Department** | Psychology, Pedagogy and Speech training |
| **Name of lecturer(s)** | Professor Rezvan Oksana Oleksiivna |
| **Contacts of lecturer(s)** | O. M. Beketov NUUE, FFS, department PPST  Oksana.Rezvan@kname.edu.ua |

**The purpose of the discipline:**

The purpose of studying the discipline “Psychology” is to form students' knowledge about the mechanisms of psychological manifestations of an individual and a social group; competencies for understanding the features of one's own personal mental cognitive processes, behavioral reactions, characterological accentuations.

**Interdisciplinary connections:**

The study of this discipline is directly based on basic knowledge of the disciplines of the humanitarian block.

**Contents:**

**Content module 1. Cognitive processes and emotional area of personality**

Topic 1. Psychology as a science. Mind and body. The subject of psychology. The main components of psychology as a science. Psychology in the system of sciences. The development of psychology as a science. The main directions and concepts of psychology. Methods of modern psychology.

Topic 2. Mental cognitive processes. Sensual forms of perception of reality. The concept of sensations. Anatomical and physiological mechanisms, types and characteristics of feelings. Perception as a psychological process and a system of perceptual actions. Properties of perception. Perception of space, time, movement. Illusions of perception. Attention as an orientation and focus on a certain phenomenon (object) of a person's mental activity. Types of attention and comparative characteristics. Properties of attention, their development.

Topic 3. Mental cognitive processes. Rational forms of perception of reality. Physiological mechanisms of memory. Types of memory according to the time of information storage and the nature of mental activity. Characteristics of memory processes. Individual features and types of memory. Types and forms of imagination. Thinking as the highest form of cognitive activity. Types and forms of thinking. Mental operations. The concept of language and speech. Anatomical and physiological bases of speech. Types of speech. Functions and properties of speech.

Topic 4. Emotional-volitional area of personality. The concept of the emotional-sensory sphere of personality. The concept of the volitional sphere of personality.

**Content module 2. Individual psychological characteristics of a person**

Topic 5. Psychology of personality. Orientation. Motives. Self-esteem. Personality. Structure and development of personality. Orientation, needs, motivation. Self-consciousness and “I-concept” of personality. Personal growth. Psychological protection and its mechanisms.

Topic 6. Psychology of personality. Temperament. Character. Inclinations. Abilities. Individual. Personality. Individuality. Temperament. Character. Accentuations of character.

**Content module 3. Personality in professional activity**

Topic 7. Communication in the process of activity. Socio-psychological phenomena of interpersonal relations of people in a group. Technologies of productive and manipulative communication. The role of tone in communication. Formation of a tolerant attitude towards a partner. Problems of intercultural communication.

Topic 8. Psychology of conflict. The concept of conflict and its structure. Types of conflicts. Psychological aspects of the exit from the conflict.

**Learning outcomes:**

PLO 14. To identify the causes of stress, adapt yourself and team members to a stressful situation, find means to neutralize it.

PLOS 29. To apply conflict management skills in professional activities, tools and strategies for their regulation and resolution.

PLOS 32. To apply the categorical apparatus of psychology in the system of vocational training and practical activities; take into account the main mental socio-psychological and psycho-physiological manifestations of the personality; perceive a scientifically based psychological interpretation of the structural elements of the personality psyche; be aware of your mental sphere; analyze different activities.

**Teaching methods:**

Verbal, visual, practical.

**Methods of control and the procedure for assessing learning outcomes:**

Current control: oral or written survey.

Modular control: written control, testing.

Final semester control (differentiated test), written control, testing.

**Material and technical and information support:**

**Methodological support**

1. Дистанційний курс «Психологія» у віртуальному освітньому середовищі на платформі MOODLE ХНУМГ ім. О. М. Бекетова

<https://cdo.kname.edu.ua/course/view.php?id=1252>

2. Золотарьова І. М. Конспект лекцій з дисципліни «Основи психології та педагогіки» (для студентів 5 курсу денної форми навчання спеціальностей) / І. М. Золотарьова, Н. В. Острянська; Харк. нац. акад. міськ. госп-ва. – Х. : ХНАМГ, 2012. – 36 с.

<https://eprints.kname.edu.ua/25123/1/2011%20%D0%BF%D0%B5%D1%87.%20%D0%BF%D0%BE%D0%B7%20221%D0%9B%20%D0%9A%D0%BE%D0%BD%D1%81%D0%BF%D0%B5%D0%BA%D1%82%20%D0%BB%D0%B5%D0%BA%D1%86%D1%96%D0%B9%20-%205%20%D0%95%D0%A2%20%D0%BD.pdf>

3. Резван О. О. Практикум із психології : навч. посібник / О. О. Резван, Н. С. Моргунова, О. В. Кір’янова ; Харків. нац. ун-т міськ. госп-ва ім. О. М. Бекетова. – Харків : ХНУМГ ім. О. М. Бекетова, 2019. – 157 с.

<https://eprints.kname.edu.ua/55297/1/2019%2045%D0%9D%20%D0%BF%D0%B5%D1%87%20%D0%9F%D1%80%D0%B0%D0%BA%D1%82%D0%B8%D0%BA%D1%83%D0%BC.pdf>